

Common Course Outline for: CHWN 1000: Role, Advocacy, Outreach and Resources**A. Course Description**

1. Number of credits: 3
2. Lecture hours per week: 3
Lab/Studio/Clinical hours per week: None
3. Prerequisites: None
4. Co-requisites: None
5. MnTC Goals: None

Catalog Description

This course defines the role of the Community Health Worker (CHW). Students will explain strategies for personal safety in relation to home visits. Students will gain an understanding of the value of self-care, and personal wellness. Students will become familiar with the health-related needs of their communities and cultural considerations. Students will also learn about their role as a liaison and connecting clients to appropriate community resources.

B. Date last reviewed: February, 2021**C. Outline of Major Content Areas**

1. Community Health Worker roles and responsibilities
2. Emergency preparedness and response
3. Health promotion and disease prevention
4. Social determinants of health
5. Stress and stress management
6. Effective time management
7. Prioritizing client needs and goal writing
8. Community connection skills
9. Foundation for advocacy work
10. CHW as a liaison
11. Community resource navigation
12. Community asset mapping
13. Home visiting strategies

D. Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Identify the CHW Scope of Practice as defined by the MN CHW Alliance.
2. Identify best practices for self-care and personal wellness by developing time management and SMART goal setting skills.
3. Recognize emergency situations and communicate appropriate responses while describing personal safety measures.

4. Prescribe effective strategies for collaborating with relevant community agencies and health care providers.
5. Support clients and healthcare providers in “translating” culture specific behaviors in order to promote needed services and resources
6. Employ networking skills to ensure proper engagement of services and resources for clients and their families.
7. Recognize quality resources and develop and format a client focused resource book with essential agency information.

E. Methods for Assessing Student Learning

Course evaluation may include (but is not limited to): Objective examinations; individual projects; group and individual presentations; research papers; journal/book reviews; critique/reaction papers; journal writing, personal assessments and summaries; class discussions; class attendance.

F. Special Information: None